

REPORT FOR SESSION 5

Title : “Adolescence /Sexual Abuse and Rights”
Date : 11.12.2023
Time : 1.30 pm - 3.30 pm (2 hours)

Resource Persons

Mrs. Salai Selvam and Mrs. K.V. Rathna, Azim Premji Foundation, Puducherry.

The session helped students understand their physical and mental growth, as well as other associated changes that occur during adolescence. It covered topics related to menstrual hygiene, including the proper usage of sanitary napkins and maintaining personal hygiene, while also dispelling common myths and misconceptions surrounding menstruation. The discussion provided a safe and informative space for students to ask questions and share their experiences, promoting a more open and supportive environment. Additionally, the session raised awareness about the rights and legal protections for women against abuse and harassment, empowering students with knowledge on how to advocate for themselves and others. By the end of the session, students were better equipped to navigate the challenges of adolescence and more informed about their rights and responsibilities in fostering a respectful and safe community for all.





REPORT FOR SESSION 4

Title : “Gender in Family, Educational Institutions & Society”
Date : 27.11.2023
Time : 1.30 pm - 3.30 pm (2 hours)

Resource Persons

Mrs. K.V. Rathna, Azim Premji Foundation, Puducherry.

The session enabled students to reflect on gender-based issues within the family, educational institutions, and broader society. It aimed to break down prevailing stereotypes about gender and foster a more inclusive mindset. Through a variety of activities, including videos, songs, and discussions, students were encouraged to think critically about how gender dynamics affect their daily lives and interactions. The session also prompted students to consider how they could actively promote gender equality within their own spheres of influence, whether at home, in school, or in their communities. Additionally, students were encouraged to create posters on assigned topics, allowing them to creatively express their understanding and commitment to challenging gender biases and advocating for a more equitable society. This hands-on approach helped deepen their awareness and inspired them to take tangible actions towards gender equality in their everyday environments.





REPORT FOR SESSION 3

Title : “Understanding the Gender”

Date : 18.11.2023

Time : 1.30pm - 3.30 pm (2 hours)

Resource Persons

Mrs. K.V. Rathna, Azim Premji Foundation, Puducherry.

The session helped students to understand the concepts of gender and sex through pragmatic discussions, fostering a more nuanced awareness of these topics. It created awareness about gender roles, discrimination, and opportunities in society, aiming to connect gender equity and gender values with daily life. Students were given ample opportunities to engage in performing arts and role-playing activities, which allowed them to explore and challenge traditional gender norms and stereotypes actively. By participating in these exercises, students developed a deeper understanding of the impact of gender on individual experiences and societal structures, encouraging them to advocate for a more equitable and inclusive community.



